

Students Name:		Semester	1st term final
Grade: 2	Section:	Worksheet	5
Date:	Subject:	Islamic Education	Topic: Unit-4; L-2

رَبِّ زِدْنِي عِلْمًا

1. FILL IN THE BLANKS WITH A SUITABLE WORD.

healthy	rest	work	desirable	essential
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- (a) Sound sleep is essential for health.
- (b) Praying in the last part of the night is a desirable practice.
- (c) If someone sleeps early his body can get enough rest.
- (d) Allah is pleased with those who work properly.
- (e) Early rising from bed makes a person healthy.

2. MARK RIGHT (✓) OR WRONG (X).

- (a) Going to bed late at night is good for your health. (X)
- (b) Allah is pleased with those who offer salah during the last part of the night. (✓)
- (c) Proper sleep is good for your health. (✓)
- (d) Late rising from the bed is healthy. (X)
- (e) Allah is pleased with those who sleep a late night and rise from bed late..... (X)

3. QUESTION AND ANSWERS:

a. What makes a man healthy and active?

Answer: Going to sleep early at night and early rising from bed makes a man healthy and active.

b. Why is early sleeping good for health?

Answer: He can work properly and well with energy all the next day.

