

Bangladesh International School, English Section. Riyadh.

Grade -9

Islamic Studies

Unit -8- GOOD CONDUCT

Lesson – 1- Patience and Forbearance

Q.1. What is meant by Patience / Sabr?

Ans. Patience / Sabr is the state of endurance under difficult circumstances. It also means persevering /determined in the face of delay or Provocation without becoming distressed or upset and exhibiting forbearance (self-control) when under strain, especially when faced with long term difficulties, in other words being steadfast (dedicated).

Q.2. What is the significance (Implication) of patience?

Ans. Ibn Taymiyya said that Islam is built upon knowledge of the truth and the implementation of that knowledge. Implementation of that knowledge requires patience. And seeking that knowledge also requires patience.

Q.3. What Ali (RA) says regarding patience?

Ans. Ali (RA.) said, "Patience position in relation to faith is similar to the position of the head on the body; If the head is cut off, the body dies." Then he raised his voice saying, "There is no faith for a person who does not have patience."

Q.4. Why is patience is a desirable quality?

Ans. Every human being in the world requires patience's of quality. No one can achieve success in his life without patience. Allah said "Indeed My help is with them those who are patient. So over all patience is the key to success in this life and in the hereafter.

Q.5. Mention the type of Patience.

Ans. Ibn Al Qayyim said, "There are three types of patience: firstly, patience to fulfill obligation and to do righteous deeds; secondly patience to abstain from prohibited acts, and thirdly, patience during times of hardship."

Select the right answer.

(a) Allah mentions the word sabr / Patience in the Qur'an

- (i) 100 Times
- (ii) 50 Times
- (iii) 90 Times ✓

(b) Patience is the key to

- (i) Weakness
- (ii) Success ✓
- (iii) Inability

(c) The example of patience among the Prophet was

- (i) Prophet Ayub (AS) ✓
- (ii) Prophet Ibrahim (AS)
- (iii) Prophet Muhammad (SAW)

Fill the Blanks

1. Allah mentions patience in His Book more than 90 Times.
2. There is no faith for a person who has no Patience
3. The Qur'an calls for patience in time of hardship and Poverty
4. A Muslim is fighting for the cause of Allah
5. When a Muslim is patient during calamities, Allah removes his sins
6. All the messengers of Allah suffered great hardship.
7. Allah the almighty alleviated their hardship.
8. Wise are those who accept hardship as signs of benefit.
9. We should know that we can gain patience with practice and effort.

True and False

1. Without patience man would collapse under the pressure of misfortunes. **True**
2. Without patience the prophets could not have succeeded in their tasks—**True**
3. Without patience and forbearance there is consolation for the distressed—**False**
4. A Muslim is fighting for the cause of Allah, he will not need much patience—**False**