

BANGLADESH INTERNATIONAL SCHOOL, ENGLISH SECTION.
ISLAM
UNIT-2 – WORSHIP, LESSON - 5 – ISTIGHFAR (Asking Forgiveness)
GRADE - 10

A. Fill in the blanks:

1. Istighfar is a sunnah act after prayer to repeat this phrase at least 3 times.
2. Istighfar is a most intimate (friendly) communication with Allah.
3. No matter how corrupt one might have become, he can always make a U-turn.
4. If anyone repents before the sun rises in the west, Allah will forgive him.
5. Prophet Nuh (AS) told his people to seek forgiveness in order to be saved.

B. Select the right answer.

1. Prophet (SAW) used make istighfar during the course of a day
(a) 70 times (b) 100 times ✓ (c) 1000 times
2. Istighfar to Allah, the forgiving, is an act of
(a) ibadah ✓ (b) sadaqah (c) dhikr
3. Istighfar is
(a) Approaching to Allah (b) consciousness of Allah (c) remembering Allah ✓

C. Write True or False:

1. Istighfar is derived from the verb ghafara. True
2. He sought and begged Allah for forgiveness of his sin or offense, by word and by deed. True
3. Seeking forgiveness is necessarily due to a sin or disobedience to Allah. False
4. We do not realize the extent of Allah's immense (huge) favors to us. False
5. We find that our appreciation and gratitude are obviously inadequate. True

D. Answer the following questions.

Q.1. What does Ghafara Allahu dhanbahu means?

Ans. Ghafara Allahu dhanbahu means: Allah covered up his sin, crime or offence and forgave it.

Q.2. When is the expression of "Astaghfirullah" used by Muslims?

Ans. The expression "Astaghfirullah" is used by Muslims when Seeking Allah's forgiveness.

Q.3. What does the expression "Astaghfirullah" means?

Ans. The expression "Astaghfirullah" means: I ask forgiveness of Allah.

Q.4. What is the purpose of Istighfar in our life?

Ans. We need Istighfar to constantly purify and cleanse our heart.

Q.5. What does Istighfar protects a Muslim from?

Ans. Istighfar protects a Muslim from envy, jealousy, pride and feelings of superiority. Whenever he has negative feelings, the Muslim asks forgiveness from Allah.

Q.6. Mention some meaning of Ayat and hadith about isteghfar?

Ans. The Holy Qur'an has mentioned istighfar as something practiced by the Muttaqin (Pious):

And those who, when they commit an indecency or wrong their souls, remember Allah and ask forgiveness for their sins; and who can forgive sins except Allah (3:135)

This is confirmed in the Sunnah as well :

Aishah reported that Rasulullah (SAW) as saying, When a servant acknowledges his sin and repents, Allah forgives him. (Al - Bukhari and Muslim)

Q.7. What are benefit of Istighfar?

Ans. Whoever continually asks Allah's forgiveness, Allah will appoint for him a way out of every distress and relief from every anxiety, and will provide for him from where he did not expect

Q.8. What is benefit of sayyduIstighfar ?

Ans. Prophet Muhammad (SAW) as saying: Whoever says it with certain faith during the day and dies before that evening will be among the people of Paradise. And whoever says with certain faith during the night and dies before the morning will be among the people of paradise." (Al Bukhari)